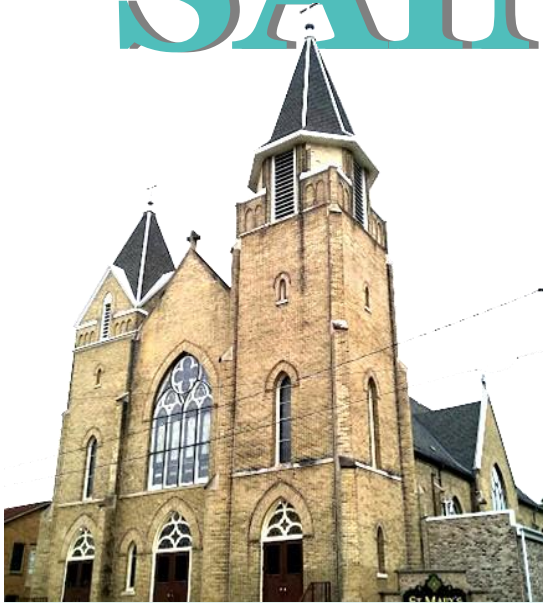


September 17, 2023 - 24th Sunday in Ordinary Time

SAINT MARY'S



**THE OLDEST EXISTING CATHOLIC PARISH
IN THE DIOCESE OF LA CROSSE [est. 1851]**

117 JUNEAU STREET N. • LYNDON STATION, WI 53944

Parish Mission Statement:

The family of St. Mary's of Lyndon Station, Wisconsin is a welcoming community of the Catholic faith united in Catholic tradition and growing in the spirit of Vatican II. We come together at Liturgical and Sacramental celebrations to be nourished so we may respond to the gospel mission of Jesus Christ in our daily lives. We strive as a Christian community and in our personal lives to serve God and all of His people, especially the poor.

PARISH OFFICE

Pastor

Fr. Cryton Outschoorn
608-386-7378
coutschoorn@diolclergy.org

Deacon Tom Hale

608-415-1165
deacontomhale@gmail.com

Priest Office Hours

Tuesday - Friday 9:30 am - 4:00 pm

Secretary Office Hours

Tuesday 8:30 am - 4:30 pm
Thursday 9:00 am - 4:30 pm

Phone

1-608-666-2421

Mailing Address

St. Mary Parish
P.O. Box 303
Lyndon Station, WI 53944

Website

www.stmaryparishlyndon.com

Email

office@stmlys.diolcparish.org

Facebook

St-Mary-Parish-Lyndon-Station-WI-
101508284817397/

MASS SCHEDULE

Weekdays

Tue, 5:30 pm
Wed, Thurs, & Fri, 8:30 am

Weekends

Saturday 7:00 pm
Sunday 9:00 am & 1:00 pm

Exposition of the Blessed Sacrament

Wed, Thurs, & Fri 8:00 - 8:25 am

Confessions

Tues 5:00 pm & Saturday 6:00 pm
Also by appointment


Rosary


Saturday 6:35 pm
Sunday 8:35 am & 12:35 pm

**"Come to Me,
all you who labor
and are burdened."**

MATTHEW 11:28

CATECHETICAL SUNDAY
SEPTEMBER 17, 2023

 NATIONAL
Eucharistic
Revival

 UNITED STATES CONFERENCE OF
CATHOLIC BISHOPS

© VATICAN MEDIA

Mass Intentions

Tuesday, September 19
5:30 pm † George Gabay

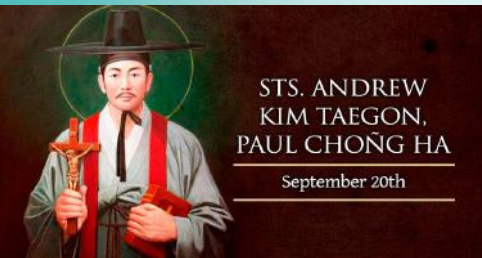
Wednesday, September 20
8:30 am † Marjorie Senzig
By: Joe & Penny Scully

Thursday, September 21
8:30 am † Geraldine Smith
By: St. Mary's Ladies

Friday, September 22
8:30 am † Jozef Szwab, Wolter
& Anna Wrobel
By: Stella Szwab

Saturday, September 23
7:00 pm † Sam Sumic
By: Dan & Vicki Kohne

Sunday, September 24
9:00 am † Fr. Arnold Reuter
By: Terri & Dave
Donnelly
1:00 pm Parishioner Mass



Upcoming Events

**Knights of Columbus
Council Meeting - St. Mary's**
September 19th @ 7:00 pm

Pastoral Council Meeting
September 21st @ 6:30 pm

Finance Council Meeting
September 26th @ 6:30 pm

Parish Directory Pictures
October 5th-7th

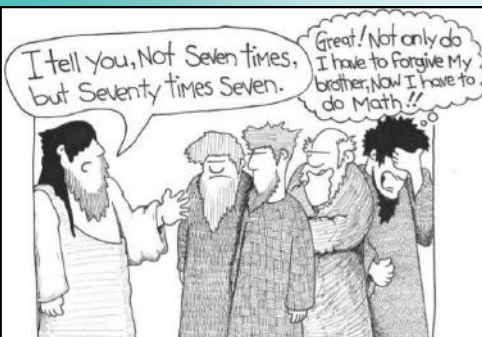
Ladies Sodality Meeting
October 12th 1:00 pm

K of C Pancake Breakfast
October 15th

Blood Drive
October 17th, 12-5pm

**Pilgrimage to Holy Hill
Basilica and National Shrine
of Mary Help of Christians**
October 21st

**Parish Meeting & History
Picture Exhibition**
November 5th



A Message from Fr. Cryton,

Let Us Experience the Power of Forgiveness

WE ARE IN THE 24TH SUNDAY OF THE ORDINARY TIME. The liturgy of the word this week is an invitation for us to reflect on the theme of 'Forgiveness'. As Christians, we hear so much about forgiveness and the need to forgive. Forgiveness is a gift you give yourself. Forgiveness allows you to move on from the hurt and pain, to enjoy life without dragging around a mountain of anger and sadness. Forgiveness isn't easy but God provides the guidance we need to step up to the challenge. Let me share some 'keys to Forgiveness' explained by Robert Enright.

1. Know what forgiveness is and why it matters: Forgiveness is about goodness, about extending mercy to those who've harmed us. Forgiveness is a process with many steps that often proceeds in a non-linear fashion. But it's well worth the effort. Working on forgiveness can help us increase our self-esteem and give us a sense of inner strength and safety. Studies have shown that forgiving others produces strong psychological benefits for the one who forgives. It has been shown to decrease depression, anxiety, unhealthy anger. But we don't just forgive to help ourselves. Forgiveness can lead to psychological healing as well.

2. Become "forgivingly fit": To practice forgiveness, it helps if you have worked on positively changing your inner world by learning to be what Enright calls "forgivingly fit." Just as you would start slowly with a new physical exercise routine, it helps if you build up your forgiving heart muscles slowly, incorporating regular "workouts" into your everyday life. You can start becoming more fit by making a commitment to do no harm—in other words, making a conscious effort not to talk disparagingly about those who've hurt you. You don't have to say good things; but, if you refrain from talking negatively, it will feed the more forgiving side of your mind and heart.

3. Address your inner pain: It's important to figure out who has hurt you and how. These hurts have contributed to your inner pain and need to be acknowledged. Doing this will give you an idea of who needs forgiveness in your life and provide a place to start. There are many forms of emotional pain; but the common forms are anxiety, depression, unhealthy anger, lack of trust, self-loathing or low self-esteem, an overall negative worldview, and a lack of confidence in one's ability to change. All of these harms can be addressed by forgiveness; so, it's important to identify the kind of pain you are suffering from and to acknowledge it. The more hurt you have incurred, the more important it is to forgive.

4. Find meaning in your suffering: When we suffer a great deal, it is important that we find meaning in what we have endured. Without seeing meaning, a person can lose a sense of purpose, which can lead to hopelessness and a despairing conclusion that there is no meaning to life itself. That doesn't mean we look for suffering in order to grow or try to find goodness in another's bad actions. Instead, we try to see how our suffering has changed us in a positive way. Some people begin to think about how they can use their suffering to cope, because they've become more resilient or brave. They may also realize that their suffering has altered their perspective regarding what is important in life, changing their long-range goals for themselves.



Holy Hill Pilgrimage

On Saturday, October 21st we will be carpooling to Holy Hill Basilica and National Shrine of Mary Help of Christians in Hubertus, Wisconsin. We will be leaving at 8:00 am from St. Mary's Church and returning around 5:30 pm. We will be attending Mass at 11:00 am and staying for a short presentation about the shrine. There is no charge for the Basilica. **Lunch will be provided for \$5.00.** This

will include a ham or turkey Subway sub, chips, dessert, and a water. After lunch there will be a self-guided tour of the grounds. Departure from Holy Hill will be 3:30 pm. If you are planning on attending, you may sign up in the vestibule. If you have any questions, you can contact Carol Cauley (608)963-0588 or Linda Lochner (847)867-4941.



St. Mary's Prayer List

Vinnie Bellock, Braun Family, Joan Burch, Rick Bornemeier, Mary Jean Cauley, Chris DeLange, Fr. Clayton Elmhorst, Jim & Adela Hagen, Chuck Huber, Roseanne Kenneth, Gloria Kramer, Noah, Mary Claire Marshall, Danny Miller, Lizzie Mitchell, Tony Oldigs, Karen Patton, Charlotte Rybicki, Marie Senzig, Preston Shields, MV, those who are sick, unemployed, in need, & all families who are suffering in any way; from illness, cancer, uncertainty, & anxieties; Families & Friends, please... [PRAY THE ROSARY!!!](#)

Did You Know/Tour of the Church By Deacon Tom

The Presider's Chair

The chair that the priest celebrating a Mass sits in is called "the presider's chair" or if you prefer, the priest celebrant chair."

The General instruction of the Roman Missal (GIRM) directs that different parts of the Mass should be associated with different places in church. The "presidential chair or presider's chair" should be used by the priest for the introductory and concluding rites and also during the liturgy of the word. It is also appropriate to highlight the role of the presiding priest as the one who leads the community in prayer, representing Christ himself (GIRM 30), and this is done in a visual way by the use of the presidential chair, a symbol of leadership in the community.



The chair to the right of the main celebrant is reserved for the Deacon. The chair to the left of the main celebrant may be used by a con-celebrating priest or another Deacon if two are present or a server.

Our CCD program is in need of one teacher for a younger elementary grade. Please consider this important ministry and join us at CCD! Contact Sandy Madland at 608-393-2515 with any questions.

RCIA will be starting soon! If you or someone you know is interested in becoming a member of the Catholic Church, please ask Deacon Tom or the parish office for more info. The RCIA process is a long-standing form of initiation. In order for one to confirm their faith in Christ, one must complete the Rite of Confirmation.

Schedule a time for the new parish directory pictures taking place Oct. 5-7!

Go to: https://book.appointment-plus.com/donm3xs6/?employee_id=7067 to schedule. If you would like to sign up in person someone will be available after the 9:00am mass on Sunday mornings. Scheduling by phone can be done by calling Sandy Madland at 608-393-2515 or Sheri Guyse at 608-666-2512.



Blood Drive Tuesday, Oct. 17th

12-5 pm Lyndon Station Fire Station

Go to <https://www.redcrossblood.org/give.html/donation-time> to sign up to donate!

DIOCESE OF LA CROSSE GUIDELINES FOR REPORTING INSTANCES OF CHILD ABUSE

The Diocese of La Crosse, through its policies and procedures, seeks to provide a prompt, appropriate and compassionate response to reporters of sexual abuse of a child by any diocesan agent (bishop, priest, deacon, employee, religious, vendor or volunteer). Anyone wishing to make a report of an allegation of sexual abuse should send that report to Mrs. Teresa Brown, Complaint Intake Agent, at the Diocese of La Crosse, P.O. Box 4004, La Crosse, WI 54602-4004. Alternatively, you can contact Mrs. Brown at 608.791.0179 or intakeagent@diolc.org. The reporting form is available through the Diocese of La Crosse Office of Safe Environment or on the diocesan website at: diolc.org/safe-environment/reporting. **Individuals are also encouraged to take their reports directly to civil authorities.** Copies of the diocesan policy are available through your local Parish and on the diocesan website. If you have any questions about the Diocese of La Crosse and the implementation of the *Charter for the Protection of Children and Young People*, please contact Teresa Brown, Diocese of La Crosse, at 608.791.2679 or tbrown@diolc.org.



Financial Stewardship

September 10, 2023

Adult Envelopes.....	\$1768.00
Student Envelopes.....	\$1.00
Offertory.....	\$544.00
Utility Envelopes.....	\$1091.00
Votive Candles.....	\$64.01
Total	\$3468.01

(156 registered families)

Fiscal year-to-date

Contributed.....	\$30,642.33
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Prayer Chain Assignments this Week:

September 18	Dick & Colleen Domke
September 19	Joseph Jr. & Ardis Doyle
September 20	Richard & Karen Drea
September 21	Christine Driessen
September 22	Derrick & Jami Edwards

Liturgical Roles

Saturday, September 23, 7:00 pm

Lector.....	Karen Patton
Servers.....	Katelyn Browne
.....	Aron Browne
Ushers.....	Dan Patton
.....	Dan McGowan
.....	Gary Fuller
Gift Bearers.....	Leo & Jeanette Crowley
Musician.....	Ann Showers

Sunday, September 24, 9:00 am

Lector.....	Ken Engevold
Servers.....	Karina Strzemecki
.....	Amanda Strzemecki
.....	Brian Fox
Ushers.....	Pat Cauley
.....	Pete Cauley
.....	Pat Mitchell
.....	Tom Kowalke
Gift Bearers.....	
Musician.....	Jade Pusel

Sunday, September 24, 1:00 pm

Lector.....	Marcy Krogh
Usher.....	Rodney Senzig

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GOSPEL of LIFE
WHITE MASS & BANQUET

"STANDING STRONG FOR CONSCIENCE IN HEALTHCARE: A BATTLE THAT TOUCHES US ALL"

Gospel of Life White Mass, Banquet & Presentation
Oct. 18 St. Joseph the Workman Cathedral, La Crosse

Join us at the Cathedral of St. Joseph the Workman on Wednesday, Oct. 18, the Feast of St. Luke, Patron of Physicians, for the 'White Mass' celebrated by Bishop Callahan, in which the faithful honor and pray for Catholic healthcare professionals. The Mass will be followed by a banquet and a keynote presentation by Fr. Justin Kizewski on "Standing Strong for Conscience in Healthcare: A Battle that Touches us All." Cost for the banquet and presentation is \$20/person, \$10/students. All the faithful are warmly invited. To learn more and to register, visit www.dioc.org/GospelofLife or scan the QR code to the right.

